# APPETIZER

# ANTIPASTI

#### Olive nere frittate (warm) [a,6] VEGAN (

piquant fried black olives with red onions,garlic,pepperoni and ciabatta bread

## Focaccia con pomodori ciliegino e oregano [a] VEGAN 🕜

italian flatbread with half-dried cherry-tomatoes and oregano

Focacia con rosmarino [a]VEGAN (V)

italian flatbread with rosmary and salt

VEGAN (V) Focaccia con aglio e pepperoncino [a] italian flatbread with garlic and pepperoni

Focaccia con sardelle e cipolla [a,d] italian flatbread with anchovy and onion

## Zuppa di ciliegino [1]

fruity cherry-tomato soup

# FROM THE SEA

## Capesante Gratinate al Forno [a,o]

baked gratinated scallops with herb breadcrumbs served in a scallop shell

## As an appetizer for 2 or as a main course

## Cozze ripiene [a,g,o]

mussels filled with herb breadcrumbs baked with parmesan gratin and served with a tomato and garlic dip, a recipe from the Puglia region

## 1kg Gambas [a,b]

gambas fried in garlic, cherry tomatoes, chili peppers, and white wine served with homemade aioli [f] (not peeled with head and shell)







# FAVORITE APPETIZER OF OUR GUESTS

# ANTIPASTI

## Antipasti Gustitalia from 1 person

Starter mixed of grilled vegetables, salami, cheese, tomatoes, olives and much more...

Additional person

Also available as a vegetarian variation





## Vitello Tonnato[a,c,d]

Cooked thin slices of veal served with aromatic tuna cream and capers

## Carpaccio di Carne[a,g]

Raw thin Beef fillet slices dressed with rocket on parmesan slices with a dressing of lemon juice, mild olive oil and balsamic cream served with ciabatta bread

## Crostini con Funghi di Bosco[a,g]

3 pc. roasted Ciabatta bread with goat cheese, thyme and garlic, with spicy forest mushrooms

## Bruschetta con mozzarella di bufala[a,g,h,6]

3 pc. roasted Ciabatta bread with buffalo mozzarella and basil

## Bruschetta con pomodori [a,g,h] AS WELL (V VEGAN

3 pc. roasted Ciabatta bread with fresh cherry tomatoes, Parmesan slicing and basil







#### NEW (VEGAN we can do a lot, please talk to our

Service depends on it.

#### Insalata con Manzo [a,g,k,]

seasonal salad, grilled roast beef strips, cherry tomatoes, cucumber, mozzarella, red onions, parmesan

## Insalata Cesare [a,g,k,f]

mixed salad with marinated chicken breast in teriyaki base, ciabatta croutons, cherry tomatoes, rocket and parmesan

#### Insalata con gamberi[m,k,b,g]

pan fried king prawns tossed with fresh herbs in a seasonal salad

## Insalata Antipasti [m,k,2,3]

mixed seasonal salad with cherry tomatoes, grilled vegetables (zucchini, aubergine, peppers), olives, balsamic onion and sun-dried tomatoes.

## Beilagensalat[m,k]

classic mixed green salad with cherry tomatoes and arugula (small and large)

## Gluten-free bread with rosemary

All salads are served with toasted Italian bread. You can choose between a vinaigrette, [m, k] sea buckthorn dressing [m, k] or balsamico / olive oil dressing [m, k]

Vinaigrette (mustard, vinegar, lemon juice, olive oil, vegetable oil, sugar, honey, salt and pepper)

Sea buckthorn dressing (sea buckthorn juice, orange juice, olive oil, vinegar, sugar, honey, mustard, ginger, salt and pepper)

**Balsamic dressig** (balsamic vinegar, olive oil, honey, salt and pepper)





## INSALATE Salad

# Favorite salads of our guests

#### Insalata Gustitalia [m,k,g]

seasonal salad with rocket, cherry-tomatoes, buffalo mozzarella, parma ham and parmesan

#### Insalata al Bosco [m,k,a,h]

seasonal salad with cherry tomatoes, fresh fried mushrooms, walnuts and roasted ciabatta croutons

#### Insalata Botanica [m,k,2,3]

mixed salad of the season, with cherry tomatoes, sweet potato cubes, rocket, baby spinach, beetroot, goat's cheese, sunflower seeds, dressed with sea buckthorn dressing

## RISOTTO

Rice dishes

#### Risotto Casella [m,g]

creamy risotto with sage, sweet potato cubes, onion, chillies, baby spinach and parmesan

#### Risotto Frutti di Mare [m,g,b,d,o]

creamy risotto with seafood and parmesan cheese

#### Risotto ai funghi nobile [m,g]

creamy risotto with seasonal mushrooms and thyme, plus as various herbs dressed with AS WELL (V VEGAN fried mushrooms with garlic and shallots

#### Risotto ai pomodori con Filetto arrosto [m,g]

creamy tomato risotto with grilled cherry tomatoes and tender beef fillet (approx. 50 gr.)

All risotto dishes are deglazed with white wine and contain parmesan and butter.



All prices are in EURO including VAT and service. For an explanation of allergens and additives see last page of the menu GustItalia GmbH • Rathausstr. 8 • 57610 Altenkirchen Telefon: 02681-8289784 • www.gustitalia.de • trattoria@gustitalia.de

AS WELL (V) VEGAN

# OUR GUESTS' FAVOURITE DISHES

#### As well 🥵 Gluten-free

## Tagliatelle al Salmone e spinaci [a,m,g]

ribbon pasta with fresh salmon cubes, melted cherry tomatoes, shallots, garlic in a light white wine tomato salsa base with mascarpone, basil and baby spinach served with parmesan

## Orecchiette con Braciola [a,g,c]

fresh ear noodles in braised tomato sauce with a beef roulade filled with garlic, parsley and parmesan and served with parmesan slicer

## Insalata Cesare [a,g,k,f]

mixed salad with marinated chicken breast in teriyaki base, ciabatta croutons, cherry tomatoes, rocket and parmesan

## Petto di Polo ai Porcini [g,k]

grilled chicken breast with porcini base with rosemary potatoes, salad or vegetables

## Spaghetti con gamberi [a,m,b]

spaghetti with prawns, pepperoni, garlic and cherry tomatoes in finely spicy white wine sauce (spicy)

#### Penne amatriciana with veal meatballs [a,g,h,k,m]

pasta in a tomato sauce with bacon, chili, onions and garlic served with mini veal meatballs with parmesan cheese

#### Linguine alla scogliera e pomodoro [a,b,o,d]

fresh tagliatelle with seafood, scampi, mussels, cockles, garlic, shrimp, some chili peppers and cherry tomatoes in finely spicy sauce

## Penne al forno [a,g,]

pasta with mushroom cream sauce and gratinated with cheese







# VEGAN CUISINE

## Starters

Caprese [a, I]

tomato-mozzarisella with basil, olive oil and balsamic vinegar Also classic with buffalo mozzarella

Peperonata [a,I] braised sweet paprika strips with onion and tomato - served lukewarm

# Salads

## Caesar Salat vegan [a,f,1]

mixed leaf salad with marinated soy chicken chunks in teriyaki sauce, ciabatta croutons, cherry tomatoes, rocket and vegan cheese served with vegan dressing

## Insalata Greca [a,1]

with cucumbers, tomatoes, red onions, mixed sweet paprika, kalamata olives and vegan feta cheese with lemon olive oil dressing

## Linsensalat Bianca [a,f,1]

crunchy beluga lentil salad with lots of fresh vegetables from cucumbers, sweet paprika, red onions, cherry tomatoes, fruity mango, vegan feta cheese refined with fresh parsley and sweet and sour dressing (depending on the season, the fruits may vary)

# Soup

Minestrone [a,I] homemade vegetable stew with potatoes, beans, peas, carrots and tomatoes

## Tomatensuppe [a,1]

fruity cherry tomato soup with basil and olive oil





## Mains

## Pasta with Vegan Bolognese [a,f,i]

with a flavorful bolognese-style sauce made from sunflower protein and vegetable brunoise

#### Penne with asparagus and pesto rosso [a]

pasta with green asparagus, melted cherry tomatoes and homemade vegan sun-dried tomatoes pesto

## Penne amatriciana with vegan meatballs [a,g,h,k,m]

pasta in a tomato sauce with chili, onions and garlic served with mini-vegan meatballs

## Spaghetti alla Puttanesca [a]

with a fine Italian sauce made from tomatoes, olives, capers and chili peppers (slightly spicy)

## Risotto with peas and basil

creamy risotto with fine peas and basil served with vegan grated cheese

## Risotto Pomodoro

creamy risotto with cherry tomatoes and basil served with vegan grated cheese

## Make your own pizza with vegan pizzacheese [a] As well 🥵 Gluten-free

with the following ingredients (max. 4 ingredients): sweet paprika, broccoli, olives, onions,

pickled eggplant, pickled zucchini, garlic, hot peppers, mushrooms, peas, tomato slices, corn, spinach,

capers, pineapple, rocket





## Dessert

Fruit berry sorbet vegan

Iced and pureed berry mix with currant juice and mint



#### As well As Gluten-free

# PASTA Noodles dishes

#### Fettucine Gustitalia [a,c,g]

fine ribbon noodles with cherry tomatoes, buffalo mozzarella, rocket, parma ham and parmesan slicer

## Spaghetti con Pesto di Rucola alla Cristina [a,h,g,b]

spaghetti with homemade pesto made from rocket, with dried tomato, parmesan and prawns

#### Fettuccine con Pere e Pecorino [a,c,g,h]

fine ribbon noodles with pear, pine nuts, garlic, rosemary, in fine lemon base and grated parmesan cheese

#### Fettucine alla Gorgonzola [a,c,g,h,m]

fine ribbon noodles with pears, gorgonzola, red onion, radicchio and walnuts in subtle white wine base

#### Penne all arrabbiata with prawns [a,b]

spicy tomato sauce, peas and fried prawns with parmesan cheese

#### Penne with green vegetables and bacon crispy [c,g,m]

pasta with sugar pods, broccoli, zucchini, onions, cherry tomatoes served with Cream sauce and crispy bacon

#### Penne with pears gorgonzola cream [a,c,m,]

pasta in subtle gorgonzola sauce with fennel, onions and pears and croutons

By request, for pasta dishes[a] we have additional sauces: a minced meat base (Bolognese)[a,i,m] or a fresh tomato base with basil[a], carbonara [a,c,g] and aglio olio [a] or peperoncino







# PASTA

## Noodles dishes

(Gluten- 🥵 free Noodle varieties (Spaghetti, Penne, Rigatoni, Gnocchi und Tagliatelle)

## Gnocchi al gorgonzola [a,c,g]

homemade gnocchi with gorgonzola base

## Gnocchi alla Sorentina [a,c,g]

homemade gnocchi with fresh tomatoes, tomato base, mozzarella and parmesan with whip cream refined

## Gnocchi alla piemontese [a,c,g]

homemade gnocchi maked pan in sage butter with fresh tomato base and parmesan

## Tagliatelle Casalinga [a,m,c,g]

fine ribbon noodles with salsiccia (sicilian pork sausage, fennel seed, salt, pepper) with onion, broccoli, pepperoni, garlic in tomato base and parmesan

## Tortelloni Ricotta Spinaci al Limone (Vegetarisch) [a,c,g]

fresh tortellini with spinach-ricotta filling lemon-butter base and rosemary



## Tagliatelle con Pollo e Porcini [a,g,c]

fine ribbon noodles with chicken breast, porcini mushrooms, fresh tomatoes and cream

## Orecchiette con Braciola [a,g,c]

fresh ear noodles in braised tomato base with a stuffed beef roulade filled with garlic, parsley and parmesan



# CARNE Meat dishes

## Bistecca alla griglia 250g roh [g,k]

grilled roastbeef steak with homemade red wine butter or herb butter with vegetables or salad and rosemary potatoes

#### Filetto di Manzo 200g roh [g,k]

tender fillet of beef with homemade red wine butter or herb butter and with vegetables or salad and rosemary potatoes

## Scallopina alla parmegiana [a,c,k]

veal cutlet with parmesan breadcrumbs served with vegetables or salad and rosemary potatoes

## Petto di Polo ai Porcini [g,k]

grilled chicken breast with porcini base with rosemary potatoes, salad or vegetables

On request also with fries instead of rosemary potato The following sauces can be ordered with steak or fillet Green pepper cream sauce [g] or hot pepper cream sauce [g] (spicy)



PESCE Fish dishes

## Lucioperca in Crosta [a,d,k,m]

succulent pike-perch fillet in herbal lemon crust, rosemary potatoes with vegetables or salad

## More fresh fish as a daily offer

please ask our service about the variety of fish and preparation price on request





## **PINSA** From the traditional Roman cuisine



The pinsa is a type of flatbread and has its origins in ancient Rome, it is actually not an alternative to pizza, but rather its ancestor. The name derives from the Latin word "pinsère", which means "to mash". Over to the long maturation time of up to 72 hours, the dough is at the same time fluffy and airy on the inside and wonderfully crunchy on the outside. As ingredients for this mixture, wheat flour, rice flour, soy flour are mainly used. Be it spicy, light, or savory - try your way through our pinsa variations.

## ROMULUS [a,f,g]

salsiccia (sicilian pork sausage), red onions, mozzarella, broccoli, chili peppers with tomato sauce

## AUGUSTUS [a,f,g]

parma ham, rocket, parmesan, mozzarella with tomato sauce

MAXIMUS [a,f,g] buffalo mozzarella, basil pesto, cherry tomatoes, rocket with tomato sauce

**SPARTACUS** [a,f,g] spinata calabrese (spicy salami), pepperoni, mozzarella with tomato sauce

QUINTUS [a,b,f,g] prawns and garlic, cherry tomatoes, mozzarella with tomato sauce

#### TIBERIUS [a,f,g]

grilled vegetables, mozzarella with tomato sauce

## VOTUM [a,f,g]

base tomato sauce and mozzarella

Make your own Pinsa with the following ingredients (max. 4 ingredients): peppers, broccoli, olives, onions, pickled eggplant, pickled zucchini, garlic, hot peppers, mushrooms, peas, tomato slices, corn, spinach, capers, pineapple, arugula, salami. Italian bratwurst, ham, spicy salami, prawns, tuna, gorgonzola.

## GAIUS IULIUS CAESAR [a,f,g]

mozzarella, ham, artichokes, olive mushrooms with tomato sauce

## PONTIUS PILATUS [a,d,f,g]

mozzarella, tuna, red onion, garlic with tomato sauce

#### REMUS [a,b,f,g]

prawns, zucchini, cherry tomatoes, garlic, mozzarella with olive oil

## CLAUDIUS [a,f,g,h]

gorgonzola, pear, walnuts, mozzarella, red onions with olive oil

## NERO [a,d,f,g,l]

salmon, zucchini, black sesame, Crème fraiche with olive oil

TITUS [a,f,g] spinach, mushroom, basil pesto, parmesan, mozzarella with olive oil

Our Pinsas are baked directly on stone with a size of 19x30 cm and always topped with mozzarella [g].





# PIZZE Pizza (as well 🎊 Gluten-free )

## Pizza Fiorentina [a,g]

with tomato sauce, spinach, gorgonzola and garlic

Pizza Verde [a,g] with tomato sauce, lots of fresh vegetables, and onion

## Pizza 4 Staggione [a,g,2,3]

with tomato sauce, artichokes, mushrooms, Peppers and salami

## Pizza Gustitalia [a,g]

with tomato sauce, parma ham, rocket, buffalo mozzarella and parmesan slicer

## Pizza d'estate [a,g,6]

with tomato sauce, grilled aubergines and zucchini, olives, cherry tomatoes and goat's cream cheese

## Pizza con Cipolle Balsamico [a,g]

with tomato sauce, fruity balsamic shallots, zucchini and aubergines, refined with rosemary and basil

#### Pizza con gamberi [a,g,b,6]

with tomato sauce, prawns, garlic, olives and arugula

## Pizza siciliana [a,g,d,3,6]

with tomato sauce, anchovies, capers and olives

## Pizza 4 formaggi [a,g,2,3]

with tomato sauce and 4 different types of cheese



## Pizza ai Frutti di Mare [a,g,o,b]

with tomato sauce, seafood, garlic [may contain surimi (imitation crab meat) b,d,1]

## Pizza Pesto [a,g,o,b,h]

with tomato sauce, rocket pesto, gamberi, pine nuts, garlic, parmesan slicer and arugula

## Pizza Pompei [a,g,2,3]

with tomato sauce, red bell pepper, spicy chili peppers and spicy salami

## Pizza Mista [a,g,2,3]

with tomato sauce, ham, salami, mushrooms and onions



Our pizzas are baked directly on stone with a size of approx.  $\emptyset$  30 cm and always topped with mozzarella **[g]**.

Our gluten-free pizzas are made with a purchased raw pizza base, made in Italy and have a size of  $\emptyset$  30 cm. Baking is done in a separate oven, so we guarantee a gluten-free preparation.





## PIZZE BIANCHE White Pizza (as well A Gluten-free)

## Pizza with crème fraiche sauce

Parma e funghi e cipolla rossa [a,g] with parma ham, mushrooms and red onions

## Gorgonzola con pere e noci [a,g,c,h]

with gorgonzola, pears, red onions and walnuts

PIZZE Pizza (as well A Gluten-free)

Pizza margherita [a,g,3] with tomato sauce and mozzarella

Pizza funghi [a,g,2,3] with tomato sauce and fresh mushrooms

Spinaci, Olive e Salmone [a,g,d,6]

with spinach, olives, garlic and salmon

Pizza Tonno [a,g,d,3] with tomato sauce and tuna

Pizza Tonno Cipolla [a,g,2,3] with tomato sauce, tuna and onions

Pizza piccante [a,g,2,3] with tomato sauce and spicy salami

Pizza salame [a,g,2,3] with tomato sauce and salami

Pizza salame prosciutto [a,g,2,3] with tomato sauce, salami and ham

Pizza salame funghi [a,g,2,3] with tomato sauce, salami and mushrooms

Pizza prosciutto [a,g,2,3] with tomato sauce and ham



Pizza Hawaii [a,g,2,3] with tomato sauce, ham and pineapple

## Pizza capriciosa [a,g,3,2,6]

with tomato sauce, artichoke hearts, olives, onions, mushrooms and ham



# MENU PER BAMBINI

Children's menu

## Pasta (Noodle dishes)

## Spaghetti Bolognese [a,i,]

with mince beef and tomato base, carrots, celery and onion

Spaghetti Pomodoro [a] with cherry tomato base

## Tortelloni Panna e Prosciutto [a,g,2]

filled noodles with spinach, ricotta with an onion and ham-crea base

## Pizze (Pizza)

Pizza Margarita [a,g,] with tomato base and mozzarella slices

Pizza Salami [a,g,2] with tomato base and salami

Pizza Prosciutto [a,g,2] with tomato base and ham

Pizza Hawaii [a,g,2] with tomato base, mozzarella, pineapple and ham

# Carne (Meat dishes)

# Scallopina alla parmigiana [a,c]

mini veal cutlet with parmesan breading vegetables and fries

French fries with ketchup or mayonnaise

## SWEET KIDS MENU only up to 6 years

with 1 drink, toy, lollipop and balloon

To select:

-Mini Pizza Margherita / Salami / Prosciutto / Hawaii [a,g,2]

-Pasta with tomato sauce or bolognese or ham + cream [a,i,g,2]





# DRINKS

# WARM DRINKS

Espresso [9] Espresso Macchiato [g,8,9] Espresso Doppio [g] Espresso Coretto [9] with alcohol Caffe Crema [9] Cappuccino [g,8,9] Latte Macchiato [g,8,9] Ciok (Italian hot chocolate) [f,g,8] Tea (different sorts )

Fruit mixture; Wild berry; Herbs; Green tea; Camomile; Peppermint; Darjeeling; Earl Grey; Black Tea; English Breakfast; rooibos vanilla; Ginger Lemon



# DESSERTS

Tiramisu Panna Cotta Ice cream from our own production \*In the assortment (2 balls) Zabbaione

\*Please ask the waiter about the availability of desserts.

